

# Goodbye my friend

Write your pet's name here

Stick a photo of your friend here

A memory book for my special pet

In support of

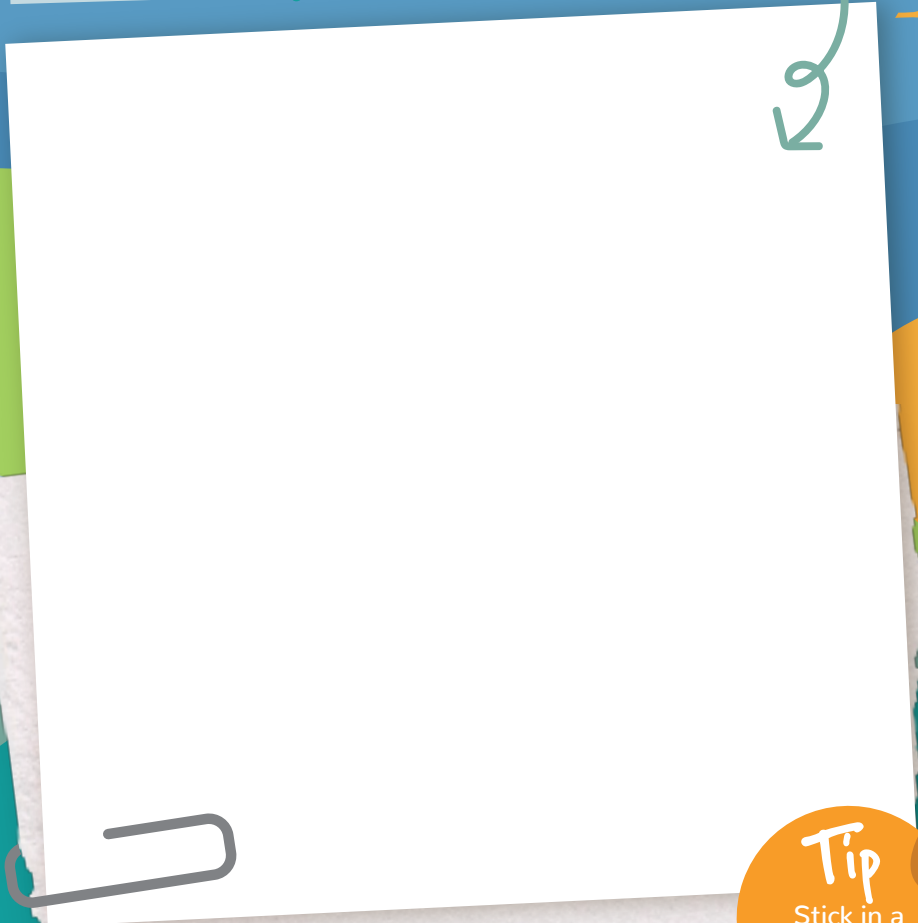


100% of profits from this resource supports Blue Cross Pet Bereavement Support Service

Pets change lives  
We change theirs



# Draw you and your pet




This book is in memory of

my

Tip

Stick in a photo in if you prefer





They will not go quietly,  
the pets who've shared our lives.  
In subtle ways they let us know their  
memory still survives.

Old habits still can make us think we hear  
them at the door.

Or step back when we drop a tasty  
morsel on the floor.

Our feet still go around the place the  
food dish used to be.

And, sometimes, coming home at night,  
we miss them terribly.

And although time may bring new friends  
and a new food dish to fill,  
That one place in our hearts belongs to them...  
and always will.



# A letter to my best friend

What would you like to tell your pet?



Dear \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

love from \_\_\_\_\_



**Tip**

Writing in different coloured pens or pencils will make your letter look nice and bright



# My favourite memories

What I will miss the most is \_\_\_\_\_

\_\_\_\_\_

My pet was my friend because \_\_\_\_\_

\_\_\_\_\_

The funniest thing I remember is \_\_\_\_\_

\_\_\_\_\_

The first time I met my pet I \_\_\_\_\_

\_\_\_\_\_



What we have once enjoyed we can never lose; All that we love deeply becomes a part of us.



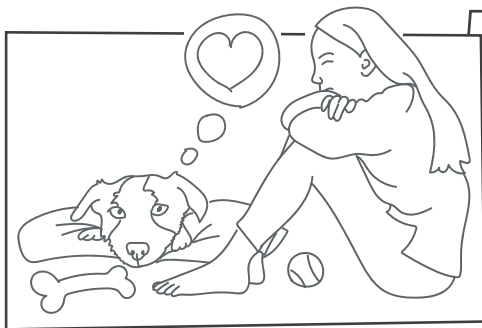
Helen Keller



# Oscar says goodbye

Tip

Choose colours to match your emotions.



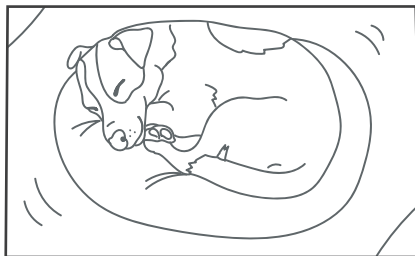
I wish that I could talk to you, and tell you that things will get better.



You might feel sad, or lonely or even a little bit confused. It's okay to feel strange when I go away.



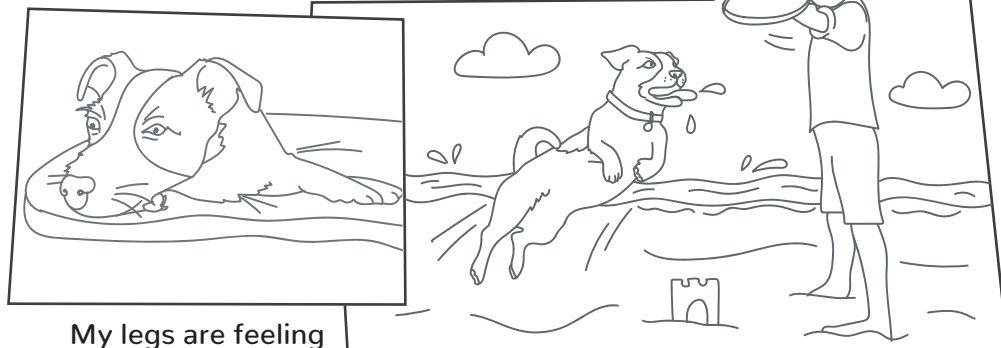
I remember doing all kinds of fun things with you. We played together, had nice walks and I was always happy to see you!



I'm going to sleep now and I won't be coming back. But don't worry about me, I feel so peaceful.



When you miss me, all you need to do is remember all the special times we shared.



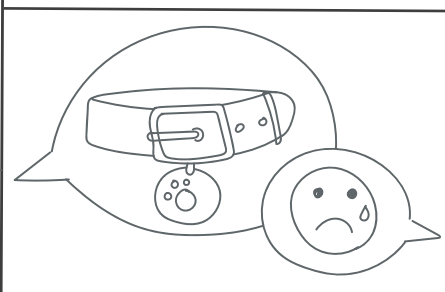
My legs are feeling tired, and I think it's time to go.



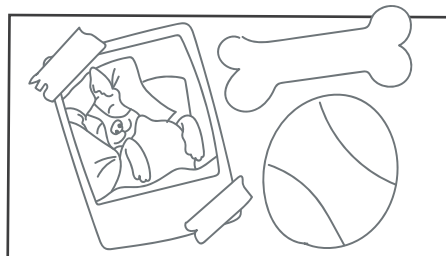
Do you remember all the wonderful things we did together?



My favourite part was knowing how much you loved me.



It can be really helpful to talk about your feelings, especially with people who were friends with me too.



Humans have lots of ways of remembering something that was special to them. I don't mind what you choose to do, because I already know that you love me!

Can you remember all of the times you shared together?

Draw some of your memories...

Their favourite place to sleep

A holiday together

Their favourite toy

Their favourite food or treat

Tip

Ask a parent for some photos if you need some inspiration



Ask an adult to help you choose a few ways to  
remember your friend

When you have decided what you would like to do,  
check each one off once done.

Plant flowers  
or a small  
tree in your  
garden



Done:

Create an online  
memorial for  
your pet



Done:

Paint a pebble and leave  
it at your pet's favourite  
place to walk



Done:

Make a Memory Box  
and fill it with things that  
remind you of your pet



Done:

Make this book into  
your own scrapbook by  
adding photographs to  
the next few pages

Done:

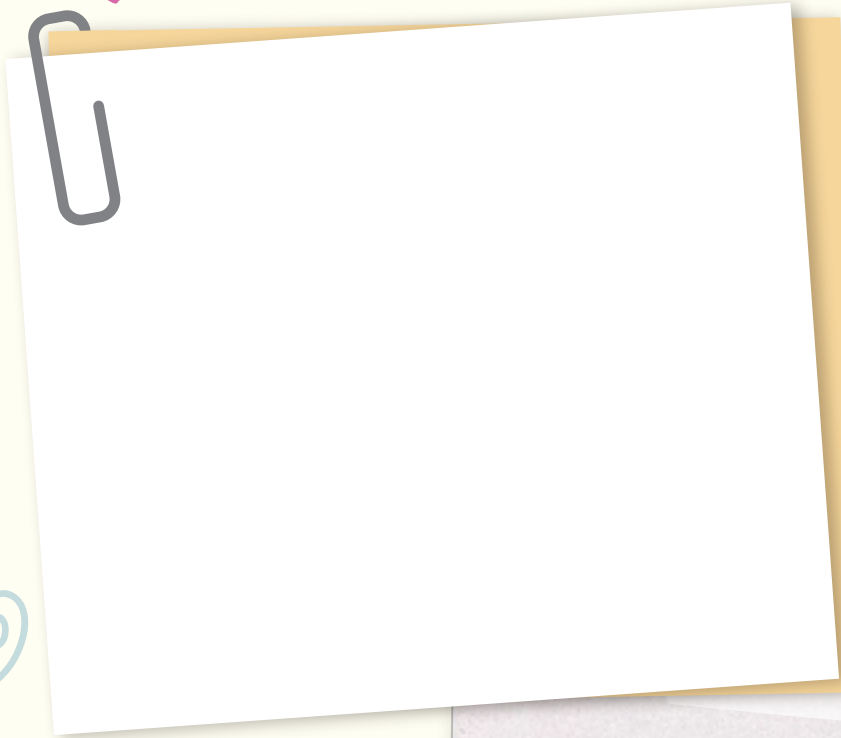
Talk to your family  
and choose ways to  
remember your pet  
together

Done:



# My pet's scrapbook

Use these pages to write to your pet,  
add memories, photos and drawings.



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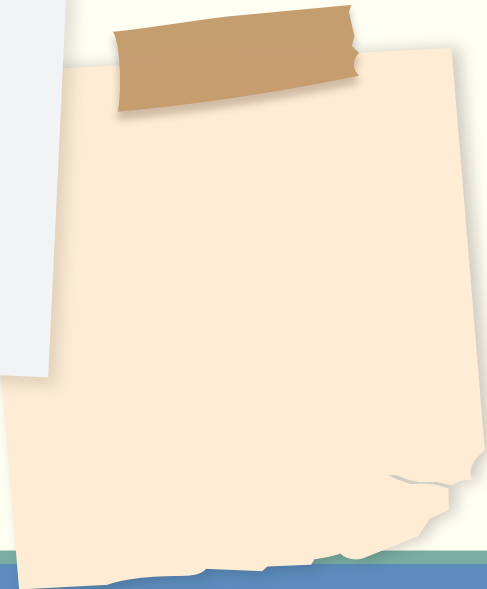
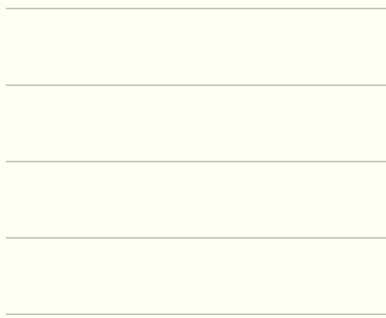
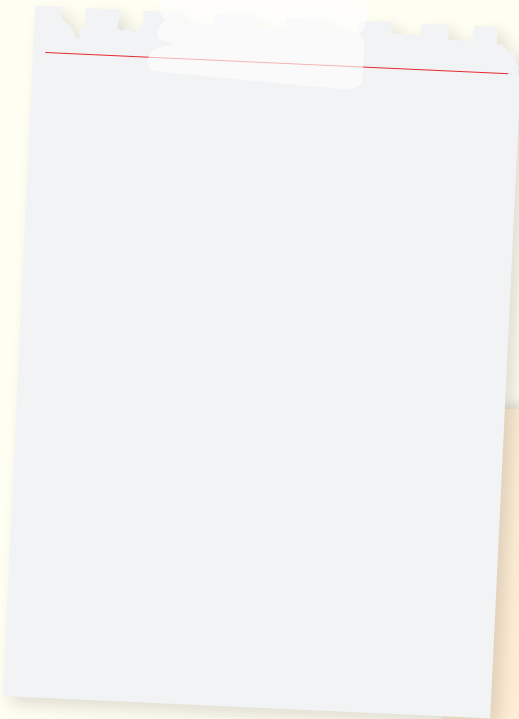
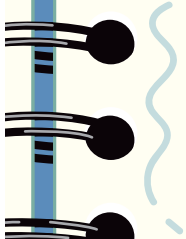
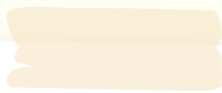
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Their friendship  
is forever

Scan this code for  
helpful pet loss  
support resources



When tomorrow starts without me  
And I'm not here to see  
If the sun should rise and find your eyes  
All filled with tears for me

I wish you wouldn't cry  
The way you did today  
While thinking of the many things  
We did not get to say

I know how much you love me  
As much as I love you  
Each time that you think of me  
I know you will miss me too

Brought to you by

